



Monday		Tuesday		Wednesday		Thursday		Friday			
Elementary Lunch Menu											
6	Corn Dog Ham & Cheese Sandwich Yogurt w Cheese Stick & Roll Chef Salad Ham French Fries Tossed Salad Applesauce Cinnamon	7	Asian Orange Chicken Ham & Cheese Sandwich Yogurt w Cheese Stick & Roll Chef Salad Ham Fried Rice Vegetable Blend Tossed Salad Mandarin Oranges	1	Pepperoni Pizza Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Corn Steamed Tossed Salad Mixed Berry Cup	2	Breaded Chicken Roll Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Mashed Potatoes Tossed Salad Mixed Fruit	3	Taco Quesadilla Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Seasoned Pinto Beans Tossed Salad Diced Pears		
13	Hot Dog Ham and Cheese Wrap Yogurt w Cheese Stick & Roll Chef Salad Ham Baked Beans Tossed Salad Pineapple Tidbits	14	Chicken Egg Roll Turkey & Cheese Sandwich Yogurt w Cheese Stick & Roll Taco Salad Elementary Fried Rice Steamed Peas Tossed Salad Cherry Craisins	15	BBQ Rib Sandwich Turkey & Cheese Sandwich Yogurt w Cheese Stick & Roll Taco Salad Elementary Baked Beans Tossed Salad Strawberry Cup	16	Country Fried Steak Roll Turkey & Cheese Sandwich Yogurt w Cheese Stick & Roll Taco Salad Elementary Mashed Potatoes Tossed Salad Mixed Fruit	17	Fish Sticks Turkey & Cheese Sandwich Yogurt w Cheese Stick & Roll Taco Salad Elementary Coleslaw Tossed Salad Applesauce Cup	10	Fresh, Healthy and Good for You!
20	Hot Dog Ham and Cheese Wrap Yogurt w Cheese Stick & Roll Chef Salad Ham Baked Beans Tossed Salad Pineapple Tidbits	21	Italian Dinkers Marinara Sauce Ham and Cheese Wrap Yogurt w Cheese Stick & Roll Chef Salad Ham Green Beans Tossed Salad Mixed Berry Cup	22	Meatball Sub Ham and Cheese Wrap Yogurt w Cheese Stick & Roll Chef Salad Ham Steamed Broccoli Tossed Salad Applesauce Cinnamon	23	Chicken Mash Bowl Roll Ham and Cheese Wrap Yogurt w Cheese Stick & Roll Chef Salad Ham Tossed Salad Diced Pears	24			FREE HEALTHY MEALS FOR ALL
27	Hot Wings Roll Chicken Popcorn Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Tator Tots Tossed Salad Mandarin Oranges	28	Pepperoni Pizza Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Steamed Peas Tossed Salad Peach Cup Frozen	29	Chicken Nuggets Turkey Bacon Wrap Yogurt w Cheese Stick & Roll Taco Salad Elementary Corn Steamed Tossed Salad Sidekick Fruit Cup	30		31		HAPPY HALLOWEEN!	

At Lunch:
 1% White Milk, Fat Free
 White Milk &
 1% Chocolate Milk
 offered daily
(Milk Nutrition Information)
 Fresh Fruits &
 Vegetables offered daily
Condiment Nutrition Information

What Makes a Lunch

Select 3-5 components

Milk

Grain

Fruit

Veggies

Protein

One must be a

Fruit

AND/OR

Veggies

This institution is an equal opportunity provider.